

YOUTH EVENTS

FReeZA

Manningham YMCA Youth Services are the local region providers of the Victorian Government funded FReeZA initiative, proudly facilitating the FReeZA Fusion Youth Committee in the development, implementation and management of a variety of locally held youth focused music events.

Past events have included the annual Palooza Battle of the Bands and Hardcore Halloween as well as one off events with themes, genres and concepts all decided and created by local young people!

All local young people are welcome at FReeZA events, which are fully supervised drug, smoke and alcohol free.

If you are between 14 & 18 years and interested in joining the Fusion Committee or wish to know more about FReeZA, please visit the website or contact our office.

TwYlight Disability Disco

Four times per calendar year, Manningham YMCA Youth Services host the ever growing TwYlight Disco, developed especially for local young people living with a disability.

With the support of The Rotary Club of Doncaster, TwYlight is often themed, including past events of Christmas Cheer, Hawaiian Beach Party and Footy Fever. TwYlight has continued to develop since its inaugural launch in 2005.

Join the TwYlight mailing list to receive notification of upcoming events. Visit the website or contact our office.

Since 2005, Manningham YMCA Youth Services have aimed to provide a range of services utilising a developmental assets approach, to support & encourage local young people aged 12 - 25 years regardless of background, socio-economic standing, gender, sexuality, beliefs or culture.

Services Include:

- FReeZA Youth Events
- School Holiday Activities
- Youth Counselling & Support
 - Disability Services
 - School Programming
 - Outreach Services
- Online Youth Magazine BILLY
- TwYlight Disability Disco Program
- Information & Referral Services
- Youth Committees & Leadership

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Manningham YMCA Youth Services

Information Brochure

www.mys.ymca.org.au



MANNINGHAM Y

Manningham YMCA Youth Services focus on supporting the needs and interests of local young people aged 12 -25 years living, working or attending school in Manningham.

We are committed to working with the young people of Manningham to promote positive self-image, leadership and the opportunity to express themselves in a safe, non-threatening environment.

We are available to young people seeking any of the following support & access services: Information & Referral, Youth Counselling and Support, Leadership and Personal Development, Youth Activities, Youth Events, Disability Services, Outreach and School Holiday Activities.

Further information on all of our services can be found at www.mys.ymca.org.au

BILLY ONLINE MAG

BILLY is the online youth magazine delivered quarterly to the inbox of over 600 subscribers. BILLY was developed to provide an easy and interesting way for young people to stay informed and up to date with youth events, latest news, reviews, activities, programs, support services & important youth issues.

Contributions to BILLY from young people promotes a sense of ownership as well as a medium to express themselves freely, be it story writing, music and event reviews, confidentially asking questions or simply sharing thoughts and opinions.

* To subscribe to BILLY, visit the website. Unsubscribe at any time. All information remains private, no third party sharing.

SCHOOL SERVICES

We are guided by the belief that mutual support and working in collaboration with teachers and community agencies provides the best outcomes for both the students and the schools.

Through close relationships with staff and students, Youth Services provide support to schools through a range of facilitated programs tailored to meet the areas of need within a school community.

Programs are available to all 9 local secondary schools which have included: Anti Bullying, Friendship Development, Depression & Anxiety, Body Image, Peer Skills, Respect, Stress Management and Life Skills as well as some recreational based programs.

DISABILITY SERVICES

The Leisure Access Program (LAP) is a recreational and social program for teenagers and young adults with a disability.

LAP is made up of groups relevant to age and ability with programs varied and tailored to members' needs and interests. Activities are run weekly and a School Holiday Program (SHLAP) is also held each term break, with activities such as snow trips, movies, theatre, dinner, bowling and trips to the Zoo providing the opportunity for all LAP members to come together, get to know new people and socialise with their friends.

All programs are fully supervised and supported by trained, energetic and enthusiastic staff.

Program days may change due to demand. Conditions apply. For more information, refer to the Youth Services website or alternatively contact the office.

YOUTH COUNSELLING

Each year, one in five young people will experience some form of mental illness and are likely to suffer concerns relating to bullying, depression, anxiety or loneliness. Youth Services recognise the need and importance of providing accessible youth friendly support services.

Free generalist counselling is available for up to eight sessions for young people aged 12-25 years living, working or attending school within the Manningham area. We cater for all youth, supporting a broad range of issues and areas of need in a peaceful space where young people can feel safe and respected.

Guided referral services are provided should ongoing support be required.

Appointment times are subject to availability, please contact the office for further information.

OUTREACH

Outreach provides opportunity for Youth Services and local young people to connect & ensure we remain informed and up to date with interests and issues facing youth today.

Youth Services have even made plans for Outreach to go mobile! The Bus will be a new feature on the streets of Manningham, packed with loads of recreational activities including TV, gaming console, internet and sports equipment. The Bus will ensure we are able to connect with young people, no matter which part of Manningham they call home!

For further Outreach information, refer to Youth Services website or alternatively contact the office.